[F-FC142] Expressing the MDRD Study Equation for Estimating GFR with IDMS Traceable (Gold Standard) Serum Creatinine Values.

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GFR estimation equations require standardized methods for serum creatinine (P_{cr}) assays. The College of American Pathologists (CAP) prepared fresh-frozen P_{cr} reference materials, traceable to a gold standard material at the National Institute of Standards and Technology (NIST), for the purpose of standardizing reference materials for method calibration. Assigned values were based on isotope dilution mass spectrometry (IDMS). We report calibrated MDRD Study laboratory Pcr assay and re-express the fourvariable MDRD Study equation with IDMS traceable Pcr.

The Cleveland Clinic Laboratory (CCL) used Beckman modified kinetic rate Jaffe reaction (Beckman Synchron CX3) method during the MDRD Study and at present. The CX3 method was calibrated to the Roche enzymatic method which was accurate across the range of P_{cr} using CAP 2003 C-02 (0.902 mg/dl) and CAP 2004 LN-24 accuracy-based samples (0.5008 to 4.0150 mg/dl). Re-analysis of 253 frozen MDRD Study samples in 2004 revealed a +4.56% drift from the time of original measurement. MDRD Study calibrated P_{cr} was derived by calibrating original MDRD Study samples to 2004 data and then to IDMStraceable values (Equation 1). The four-variable MDRD Study equation (Equation 2, GFR in ml/min/1.73 ${
m m}^2$, P_{cr} in mg/dl, and age in years) is re-expressed with IDMS traceable P_{cr} in Equation 3.

The availability of standard reference materials and accurate assays, such as the Roche enzymatic method, will enable instrument manufacturers and clinical laboratories to calibrate Pcr assays to IDMS-traceable values. The MDRD Study equation and future equations should be expressed in terms of IDMS-traceable Pcr values.

Equation 1: Calibration of CCL to IDMS

MDRD Study calibrated P_{cr} = 0.95 x original MDRD Study P_{cr}

Equation 2: Published MDRD Study equation before calibration of CCL GFR = 186 x P_{cr}^{-1.154} x age^{-0.203} x 1.212 (if black) x 0.742 (if female)

Equation 3: Re-expression of MDRD Study equation after calibration of CCL to IDMS GFR = $186 \times (P_{cr}/0.95)^{-1.154} \times age^{-0.203} \times 1.212$ (if black) $\times 0.742$ (if female) = $175 \times P_{cr}^{-1.154} \times age^{-0.203} \times 1.212$ (if black) $\times 0.742$ (if female)

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